

## The third type of sabr

Translated by Abu Abdirrahmaan Nasser ibn Najam

Taken from the works of Shaykh Muhammad ibn Saalih al 'Uthaymeen (رَحْمَةُ اللَّهِ)

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

With regards to the third type of sabr, Shaykh Muhammad ibn Saalih al 'Uthaymeen (رَحْمَةُ اللَّهِ)<sup>1</sup> states:

**The third:** patience upon those matters which Allaah has predecreeed. For Allaah, the Most High, has indeed predecreeed for the servant that which his natural disposition finds agreeable, and that which it does not find agreeable.

And that which it does not find agreeable requires patience, in that he holds himself back from having annoyance in the heart, or in statement, or in action, whenever a calamity comes upon him.

So whenever a calamity befalls the servant, then he holds himself back from vexation of the heart and he says that he is pleased with his Lord, the Mighty and Majestic.

And (from) vexation upon the tongue in that he does not call out with wailing and lamenting, as the people of Jaahiliyyah (pre Islaamic ignorance used to do).

And (from) vexation in actions, in that he does not tear the openings of the garments nor strike the cheeks, and the like of that.

So we call this patience upon those matters which Allaah has predecreeed, despite his disliking that this (calamitous) event has taken place.

(“Sharh of al Arbaa’een an Nawaawiyyah of Muhammad ibn Saalih al 'Uthaymeen (رَحْمَةُ اللَّهِ) p 224)

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<sup>1</sup> (رَحْمَةُ اللَّهِ) (rahimahullaah) May Allaah the Most High have mercy on him