

Weakness in ones 'Eemaan; causes and cures

[Liqaa al-Baab al-Maftooh 232]

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the name of Allaah, the Most Merciful, the Bestower of Mercy

Question: There is a question relating to a weakness [in ones 'Eemaan], what are its causes and cures? Sometimes a person feels a weakness in his religion.

Shaykh Muhammad ibn Saalih al-'Uthaymeen (رَحِمَهُ اللهُ)¹: It is not possible for a person to remain on one constant level [of 'Eemaan]. Even the Companions (رضي الله عنهم)², they said:

O Messenger of Allaah, when we are with you we take from your admonishment and we have 'Eemaan, and yet when we return to our families – our women and children – then we forget.

The Prophet (صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ)³ replied,

An hour for this (i.e. when your 'Eemaan is strong) and an hour for that (i.e. when your 'Eemaan is weaker)

It is not possible for a person to remain on one constant [level of 'Eemaan], but he should make sure his heart is rectified; if the heart is rectified then his whole body will also become rectified. A person should:

- Leave off entering into matters which do not concern him
- Leave off arguing and debating in matters that there is no benefit in
- Leave of partisanship (tahazzub) – which has divided the Ummah
- Turn to Allaah (عزوجل)⁴

For this reason, you will see a common Muslim is better in his belief and sincerity than many among the students of knowledge, because many of the students are only [concerned with]:

- Reading and refuting
- Hearsay
- What do you say, O so and so

¹ (رَحِمَهُ اللهُ) (rahimahullaah) May Allaah have mercy on him

² (رضي الله عنهم) (rad iyallahu 'anhum) May Allaah be pleased with them

³ (صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ) (sallallaahu 'alayhi wa sallam) May the peace and blessings of Allaah be upon him

⁴ (عزوجل) (Azza wa Jaal) Mighty and Majestic is He

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- What do you say about such a book, or so and so
- What has so and so person written

This is what wastes a slave, and takes his heart away from Allaah (عزوجل), and the only concern he then has is Qeel wa Qaal (hearsay).

So my advice for every person, is that he should turn to Allaah (عزوجل), and leave the people and their differing. This is the best thing.