
Using shampoos containing eggs, lemons, and the like

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the name of Allaah, the Most Merciful, the Bestower of Mercy

Question: A lady says, there are some creams and shampoos that women use for washing their heads. They contain some food stuff such as eggs or lemons. What is the ruling on using such things, especially when knowing that women use them and then remove them with water in bathrooms and they mix with the dirt? Please, advise us! May Allaah reward you!

Shaykh Abdul-Azeez ibn Baaz (رَحِمَهُ اللهُ)¹: It is permissible to use these things for attaining benefits for the head such as using them as treatment. It is also permissible to use eggs, wheat, or other food stuffs as medication as what is permissible and useful is allowed to be used as medication. The Prophet (peace and blessings be upon him) said, [**O Allaah's servants! Treat yourselves medically but use nothing unlawful**]. If eggs and other food stuffs are used as medication on the head, they may be rotten and inedible so it is permissible then to wash them in bathrooms.

¹ (رَحِمَهُ اللهُ) (rahimahullaah) May Allaah have mercy on him