

Throwing what you are eating if someone is looking at you

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the name of Allaah, the Most Merciful, the Bestower of Mercy

Question: There are those who would throw whatever they are eating in their hands if they find that someone is looking at them for fear of the evil eye.

How would you judge this?

Shaykh Muhammad ibn Saalih al-'Uthaymeen (رَحْمَةُ اللَّهِ)¹: This is unfounded, and it contradicts the Prophet's teaching, for he says, "If a piece (of food) drops off you (while eating), clean and eat it."²

¹ (رَحْمَةُ اللَّهِ) (rahimahullaah) May Allaah have mercy on him

² [Saheeh Muslim, Kitaab Al-Ashribah (Book of Drinks), Hadeeth Nos. 2033, 2034.]