

## Singling out Friday if it coincides with day of 'Arafat

Translated by Raha ibn Donald Batts

Article taken and slightly adapted from: [mtws.posthaven.com](http://mtws.posthaven.com)

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the Name of Allaah the most Kind the most Merciful

**Question:** May Allaah bless you; is it permissible to fast on Friday, by itself, if one is making up a day?

**Shaykh Ibn Uthaymeen** (رَحِمَهُ اللهُ)<sup>1</sup>: Fasting on Friday by itself was prohibited by the Prophet (صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ)<sup>2</sup>. A woman from his wives entered upon him, or he entered upon her and he found her fasting. He said to her: **“Did you fast yesterday?”** She said: “No.” He said: **“Will you fast tomorrow?”** She said: “No.” He said: **“Then break your fast.”**

However, if Friday were to coincide with the Day of 'Arafat, for example and one were to fast it by itself then there is no problem with this. This is because this person fasted it because it was 'Arafat, not because it is Friday. Similarly, if he had to make up a day from Ramadhaan and he is not free (to fast) except on Friday then there is no harm in singling it out. This is because he did not single it out for fasting because it is Friday. However, he singled it out because it is the day whereupon he had the opportunity to fast. Similarly, if Friday were to coincide with the Day of 'Aashooraa' and one were to fast it, then there is no harm in singling it out; for he fasted it because it is the day of 'Aashooraa', and not because it is Friday. Due to this the Prophet (صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ) said: **“Do not specify Friday for fasting nor its night for standing (in prayer).”** So he textually mentioned specifying; i.e., that the person should do this due to him specifying the day or night of Friday.

<sup>1</sup> (رَحِمَهُ اللهُ) (rahimahullaah) May Allaah the Most High have mercy on him

<sup>2</sup> (صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ) (sallallaahu 'alayhi wa sallam) May the peace and blessings of Allaah the Most High be upon him