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Reasons for increase in mental illnesses today

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بسم الله الرحمن الرحيم

In the name of Allaah, the Most Merciful, the Bestower of Mercy

Question: What is the reason for the large number of mental illnesses and depression in the present day?

Shaykh Saalih al-Fawzaan (حفظه الله)[1]**:** Its reason; and Allaah knows best, it is a punishment due to the sins and transgressions. And there are other reasons known by the doctors. Ask the doctors; ask the doctors, the psychiatrists about the reasons for these illnesses.

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[1] (حفظه الله) **May Allaah the Most High preserve him**