

Know that relief accompanies distress

ABDUL-MUHSIN-AL-ABBAAD.COM

The Muhaddith of Al-Madeenah

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asaheeha translations

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the Name of Allaah the most Kind the most Merciful

Know that relief accompanies distress¹

Shaykh ‘Abdul-Muhsin al-‘Abbaad (حفظه الله)²:

“Meaning: if a hardship comes about and one takes refuge in Allaah, then the hardship will be followed by relief from Allaah”³

¹ Imaam Nawawee’s 40, no. 19

² (حفظه الله) May Allaah the Most High preserve him

³ Sharh al-Arba’een an-Nawawiyyah tape 21