
From the Du'aa of the Messenger

Translated by Abbas Abu Yahya

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the name of Allaah, the Most Merciful, the Bestower of Mercy

From Abdullaah bin Umar who said from the Du'aa of the Messenger of Allaah sallallaahu alayhi wa sallam:

" اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ زَوَالِ نِعْمَتِكَ، وَتَحَوُّلِ عَافِيَتِكَ، وَفُجَاءَةِ نِقْمَتِكَ، وَجَمِيعِ سَخَطِكَ "

O Allaah indeed I seek refuge with You from the discontinuation of Your blessings, and change from the goodness you have granted, and from being taken by surprise with Your punishment and all that which causes Your Anger.'

**Allaahumma inni Aoothu bika min Zawaal Na'maatikawa Tahowool Aafeeyatik
wa Fojaati Niqmatika wa Jameea' sakhatika¹**

Shaykh Abdul-Muhsin al-Abbaad commenting on this hadeeth² said:

[**The discontinuation of blessings**] – the dwindling of a blessing and being deprived of it. The aspect of a person having a blessing and then being deprived of it is like the transition from being wealthy to being poor.

The word 'blessing' is more general than being wealthy, because the blessings of Allaah Azza wa Jal cannot be enumerated, so health and goodness are included in this, wealth is included, and all types of blessings are included in this.

An example of this is the saying of Allaah Ta'ala:

وَإِنْ تَعُدُّوا نِعْمَةَ اللَّهِ لَا تُحْصُوهَا

and if you count the Blessings of Allaah, never will you be able to count them³

¹ [Collected by Muslim and Aboo Dawood]

² [Sharh Sunnan Abee Dawood 184]

³ [Soorah Ibraaheem: 34]

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And the saying of Allaah Ta'ala:

وَمَا بِكُمْ مِنْ نِعْمَةٍ فَمِنَ اللَّهِ

[And whatever of blessings and good things you have, it is from Allaah.]⁴

[and change from the goodness] – from being healthy to sickness and from good to evil.

[and from being taken by surprise with Your punishment] – meaning all of a sudden, whereby a person has security and then all of a sudden receives a punishment, this is because such matters can harm a person if they occur suddenly.

[and all which causes Your Anger] – this is general and includes everything which angers Allaah Azza wa Jal.'

⁴ [Soorah an-Nahl:53]