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## Fasting the six days of Shawwaal

Translated by Ahmed Abu Turaab

Article taken and slightly adapted from: [giftsofknowledge.net](http://giftsofknowledge.net)

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the Name of Allaah the most Kind the most Merciful

Shaykh Ibn Uthaymeen (رَحِمَهُ اللَّهُ)<sup>1</sup> said, “The wisdom behind fasting the six days of Shawwaal is the same as the wisdom regarding other optional acts which Allaah has ordained for His Servants in order to make the obligatory actions complete. So fasting the six days of Shawwaal is like the supererogatory Sunnah prayers [ar-Raatibah] which are performed after the obligatory prayers in order to complete any deficiencies in them. And from Allaah, the Most High’s, Wisdom is that He made Sunnah [prayers] for the obligatory ones in order to complete them and raise them [in rank], so fasting the six days of Shawwaal has this great benefit.”<sup>2</sup>

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<sup>1</sup> (رَحِمَهُ اللَّهُ) (rahimahullaah) May Allaah the Most High have mercy on him

<sup>2</sup> Fataawaa Nurun-Ala-Darb.