

Concentrate firstly on the heart

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Translated by Ahmed Abu Turaab

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the Name of Allaah the most Kind the most Merciful

Shaikh Ibn Uthaymeen (رَحِمَهُ اللَّهُ)¹ said, “It is fitting that a person always asks Allaah to purify his heart. He should devote his attention to the actions of the heart. The care a person gives to the actions of the heart must be more than the care he gives to the actions of the body—because everyone performs bodily actions, the believer and the hypocrite.”²

¹ (رَحِمَهُ اللَّهُ) (rahimahullaah) May Allaah the Most High have mercy on him

² Tafseer Soorah al-Maa'idah, vol. 1, p. 410.

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