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Asking for patience unrestrictedly

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بِسَمِ ٱللهِ ٱلرَّحْمَنِ ٱلرَّحِيمِ

In the name of Allaah, the Most Merciful, the Bestower of Mercy

Question: Is it allowed for a person to say in his supplication "Make me from those who are patient"? Because some of the students of knowledge have said to me: You must make that restricted by saying instead: "Make me - at the time of calamities - from those who are patient."

Shaykh 'Abdul-Muhsin al-'Abbaad (حفظه الله) ¹: Regarding having patience upon being obedient to Allaah, and having patience in abstaining from sin. This is what a person requests; so there is no harm in a person saying: [Make me from] the patient ones in obedience [to Allaah], and from abstaining from sin.

As it relates to calamities, then restricting that [by asking Allaah to grant him patience at the time of a calamity] is no doubt better than asking [for patience] unrestrictedly.

Question: How do we understand the verse:

"Our Lord, pour upon us patience and plant firmly our feet and give us victory over the disbelieving people."²

Do we make supplication with that?

Shaykh 'Abdul-Muhsin al-'Abbaad (حفظه الله): No, that is when a calamity strikes; a person makes supplication with that. "O Allaah pour upon us patience", "O Allaah make us firm" "O Allaah make us patient", [a person supplicates with the like of this] when the calamity strikes.

As for before a calamity has struck then a person does not ask [for patience] unless in a restricted sense: that he asks to be given patience at the time of calamity – [and he asks to be made] from the patient ones.

¹ (حفظه الله) May Allaah preserve him

Sooratul Baqarah [2:250] - سورة البقرة ²

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