

Always inspect and investigate your heart

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Translated by Ahmed Abu Turaab

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the Name of Allaah the most Kind the most Merciful

Shaykh Ibn Uthaymeen (رَحِمَهُ اللَّهُ)¹ said, “Guard strictly [the practice] of always inspecting/investigating your heart. For it may have the sickness of doubts or the sickness of desires, and everything—and all praise is for Allaah—has a cure. So the Noble Qur’aan is a cure for doubts and desires.”²

¹ (رَحِمَهُ اللَّهُ) (rahimahullaah) May Allaah the Most High have mercy on him

² Ash-Sharh al-Mumti, vol. 4, p. 22.

For more works of Shaykh Uthaymeen please go to Uthaymeen.com

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