
Some ahadeeth pertaining to food and drink

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Taken from 'Silsilah Ahadeeth As-Saheehah'

11- 836 – From Anas bin Maalik (rad iyallaahu `anhu)¹ that the Messenger of Allaah (صلى الله عليه وسلم)² was brought some milk which blended with water and on his right was a Bedouin and on his left was Abou Bakr (rad iyallaahu `anhu), so he drank from it then he gave it to the Bedouin and said:

'On the right on the right.'

And in another narration: **'those on the right, those on the right, you should give it from the right hand side.'**

No. 1771

12- 837 – From Abdurrahmaan bin Jubayr who said: a man who used to serve the Messenger of Allaah (صلى الله عليه وسلم) for eight years narrated to him: that he used to hear the Messenger of Allaah (صلى الله عليه وسلم) say, when food was brought close to him:

'In the name of Allaah (Bismillaah)' when he would finish he would say: **'O Allaah! You fed, You gave drink, You satisfied, You guided, You gave life, so for You is praise for what You have given.'**

اللهم أطعمت وأسقيت وأقنيت وهديت وأحييت، فله الحمد على ما أعطيت

(Allaahumma Attamta, wassqayta, wa Aqnayta, wa Haadayta wa Ahayata, Fallak al-Hamd ala ma A'aatayta)

No. 71

13- 839 – From Salmah (rad iyallaahu `anhaa)³ that the Prophet (صلى الله عليه وسلم) who said:

'A house which has no dates in it, is like a house which has no food in it.'

No. 1776

14- 840 – From Abdullaah bin Umar (rad iyallaahu `anhu) who said: that the Messenger of Allaah (صلى الله عليه وسلم) said:

'There are three types of people whom Allaah will not look at on the Day of Judgement: the one who disobeys his parents, a woman who copies men in their dress and form, the one who has no concern for his

¹ (rad iyallaahu `anhu) May Allaah be pleased with him

² (صلى الله عليه وسلم) May the peace and blessings of Allaah be upon him

³ (rad iyallaahu `anhaa) May Allaah be pleased with her

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wife. And three who will not enter Paradise: the one who is disobedient to his parents, an alcoholic and the one who reminds you of what he has given you.'

No. 674

16-854 – From 'Aaishah, the Mother of The Believers (rad iyallaahu `anhaa) who said:

'The most favourite drink that the Messenger loved was sweet and cold.'

No. 3006

17- 858 – From Aboo Ayoob al-Ansaaree (rad iyallaahu `anhu) who said: 'When the Messenger of Allaah (صلى الله عليه وسلم) used to eat and drink he would say:

الحمد لله الذي أطعم وسقى وسوغه وجعل له مخرجا

'al-Hamdulillah allathee attama wa saqqa wa sowwaggahu, wa Ja'ala lahu mahkrajjan.'

Praise be to Allaah who has fed us and given us drink, made it easy to swallow and made an exit for it.'

No. 2061

18 – 877 – From Ibn Abbaas (rad iyallaahu `anhu) who said:

'We used to call it Shibba'ataan (i.e. *Zam Zam*) we used to find it a blessed aid to fertility.

No. 2685

19 – 881 – From Aboo Hurairah (rad iyallaahu `anhu) who said that Messenger of Allaah (صلى الله عليه وسلم) said:

'If the person who drank while standing knew what was in his stomach, he would vomit it out.'

No. 176/2175

20 – 882 – From Aboo Hurairah (rad iyallaahu `anhu) that the Prophet (صلى الله عليه وسلم) said:

'You should eat with your right hand and drink with your right hand, take with your right hand and give with your right hand, because Shaytaan eats with his left hand and drinks with his left hand and gives with his left hand and takes with his left hand.'

No. 1236