

On Salaatut-Tasbeeh [The Prayer of Glorification] - End *How Do You Pray It?*

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the name of Allaah, the Most Merciful, the Bestower of Mercy

Questioner: How do you pray Salaatut-Tasbeeh?

Shaykh al-Albaanee (رَحِمَهُ اللهُ) said: As has been reported in the paths of the hadeeth about it, Salaatut-Tasbeeh is like the other prayers, it differs only in that in each rak'ah there are seventy-five tasbeehs to be said, so the total would be three hundred.

So in the first rak'ah, before the bowing [rukoo'], he says the tasbeeh fifteen times, [so he says]:

سُبْحَانَ اللَّهِ، وَالْحَمْدُ لِلَّهِ، وَلَا إِلَهَ إِلَّا اللَّهُ، وَاللَّهُ أَكْبَرُ

Subhaanallaah, walhamdulillaah, wa laa ilaaha illallaah, wallaahu-Akbar

And then he bows, when he has finished [saying what he says in] the regular bowing he [then] says this tasbeeh ten times [while in rukoo'], so that makes it twenty-five.

Then he raises his head from the rukoo' [i.e., stands up] and says: Sami'allaahu liman-hamidah, Rabbanaa walakal-hamd, and then says it ten times.

And likewise with every pillar, ten tasbeehs—when he prostrates, after he has said the [normal] tasbeehs for the sajdah he then says ten of the Salaatut-Tasbeeh ones ... when he rests between the two sajdahs, ten tasbeehs, when he raises his head from the second sajdah [ten tasbeehs], when he sits to rest after the second sajdah [before standing up for the next rak'ah], ten tasbeehs, in total these come to seventy-five.

So he does that in every rak'ah which makes the total three hundred tasbeehs.

This is how it is performed and he doesn't add anything else to the Sunnah prayers except these tasbeehs and in the order I just mentioned now. **[Rihlatun-Noor, 48b.]**

How to Pray Salaatut-Tasbeeh - Summarised

So you stand to pray:

- —after having read Faatihah and some of the Qur'aan you say the tasbeeh **fifteen times**.
- —then when in rukoo' after having said the normal praise said in it, you say this tasbeeh **ten times**.
- —then after rising from rukoo' **ten times**.
- —in sajdah, after having said the normal praise said in it, **ten times**.
- —between the two sajdahs **ten times**.
- —in the second sajdah **ten times**.
- —after the second sajdah while sitting before getting up for the next rak'ah, **ten times**.

And then you stand up for the next rak'ah. That makes **seventy-five**, repeated over four rak'ahs, **three-hundred** tasbeehs.

End of the series on Salaatut-Tasbeeh.