
How to seek refuge from the Evil Eye for children

Translated by Abbas Abu Yahya

Article taken and slightly adapted from: followingthesunnah.wordpress.com

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Shaykh al-Albaanee (رَحْمَةُ اللَّهِ عَلَيْهِ)¹ was asked over the phone:

Phone rings.

Shaykh al-Albaanee (رَحْمَةُ اللَّهِ عَلَيْهِ): Yes!

Caller: Aslaamu alaykum.

Shaykh al-Albaanee (رَحْمَةُ اللَّهِ عَلَيْهِ): Wa alaykum as-Salaam.

Caller: O Shaykh, regarding 'I seek refuge for you two with Allaah's perfect words from every Shaytaan (devil) and poisonous creature and every evil eye.' Is this said three consecutive times or just once?

Shaykh al-Albaanee (رَحْمَةُ اللَّهِ عَلَيْهِ): No, it is mentioned once, however if it appears to the one saying this Dua' that he needs to repeat it without specifying three times, then there is no problem with that.

Caller: And should he place his hand on the head of the one sought refuge for?

Shaykh al-Albaanee (رَحْمَةُ اللَّهِ عَلَيْهِ): Yes, yes!

Caller: Even in congregation, if it is a group of children together, how can he place his hand upon all of them?

Shaykh al-Albaanee (رَحْمَةُ اللَّهِ عَلَيْهِ): He should place his two hands on two of the children, then repeat this on the rest of the children.

Caller: Right hand and left hand, with both hands?

Shaykh al-Albaanee (رَحْمَةُ اللَّهِ عَلَيْهِ): Yes, yes.

Caller: Regarding the hadeeth that the Messenger (صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ)² would not sleep until he recited Soorah Mulk, al – Isra, Zumar, and Sajdah, is this when he lies down on his bed at night, or before he lies down?

Shaykh al-Albaanee (رَحْمَةُ اللَّهِ عَلَيْهِ): What is important is that he recites before he falls asleep, whether it is whilst he is sitting or lying then it is up to him³

¹ (رَحْمَةُ اللَّهِ عَلَيْهِ) (rahimahullaah) May Allaah have mercy on him

² (صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ) (sallallaahu 'alayhi wa sallam) May the peace and blessings of Allaah be upon him

³ Taken from: 'Silsilah Huda wa Noor'