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Beef is a disease

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بسم الله الرحمن الرحيم

Beef is a disease: Explanation of Hadeeth by Shaykh al-Albaanee (رَحِمَهُ اللهُ)

Questioner: The milk of the cow is a cure while its meat is a disease. So how do we reconcile between this and the fact that the cow can be used as a sacrificial animal. As it is not possible for the legislation to allow sacrifices from that which is harmful?

Shaykh al-Albaanee (رَجِمَهُ اللهُ):

Yes, it has been authenticated from the Prophet (صلى الله عليه وسلم)² during his farewell pilgrimage, that he sacrificed a cow for his wives. And it has also been authenticated that he (صلى الله عليه وسلم) ordered us with the fat of the cow and prohibited us from its meat, because its fat is a cure and its meat is a disease. The scholars have reconciled between this hadeeth and the hadeeth of his sacrificing the cow for his wives, by stating the intention behind the prohibition of cow's meat is only referring to consuming large quantities of it. As for eating it sometimes; there is no problem or any harm in this. And it is without any doubt permissible; because the intent behind the prohibition of beef is to consume large quantities of it; and to use beef as a replacement for the meat of sheep, goats and camels. This is the answer of the scholars.

^{2 (}صلى الله عليه وسلم) (sallallaahu 'alayhi wa sallam) May the peace and blessings of Allaah the Most High be upon him



^{1 (}رَحِمَهُ اللهُ) (rahimahullaah) May Allaah the Most High have mercy on him