



149- Fasting the six days of Shawwal does not have to be consecutive

Q: Is it obligatory to fast the six days of Shawwal consecutively, or one may fast them separately during the month?

A: Observing Sawm (Fast) on six days of Shawwal is a stressed Sunnah reported from the Messenger of Allah (peace be upon him). It is permissible to observe Sawm on these days either consecutively or separately. The Messenger of Allah (peace be upon him) generally urged us to observe Sawm during six days of Shawwal, but he did not specify either consecutively or separately. He (peace be upon him) said: [«Anyone who fasts Ramadan and then follows it with six days of Shawwal it is as if they fasted the whole year.»](#) (Related by Imam Muslim in his Sahih [Authentic Hadith Book])

Source: Fatwas of Ibn Baz