

1.64 Seeking Treatment from Those Who Perform Legal Ruqyas

Question:

Nowadays we hear about people who use the Qur'an in treating patients suffering from epilepsy, possession, the evil eye, etc. Some patients have found the treatment satisfactory. Is there any legal objection to their work? Is going to Raqis a sin? What are the requirements of a Raqi who performs Ruqyas with Qur'anic verses? Has it ever been reported that some Salaf used the Qur'an to treat patients suffering from epilepsy and magic?

Answer:

It is legitimate to treat patients suffering from epilepsy, possession and the evil eye by means of Ruqyas. Ruqyas involve performing recitations and Nafth on patients. Allowed Ruqyas are the ones using Qur'anic recitations and established prayers. Prohibited Ruqyas are the ones containing Shirk, such as praying to other than Allah and invoking Jinn, devils and mysterious names, which is typical of sorcerers and charlatans.

Ruqyas using the Qur'an and established prayers are lawful, for Allah has made the Qur'an a healing from physical and psychological diseases, provided that the Raqi and the patient have pure intentions and believe that all healing is Allah's and that Ruqyas with Allah's words are effective means.

It is legitimate to seek Qur'anic treatment from Raqis if they are known for their sound beliefs and righteousness, and are known not to have done Shirk Ruqyas, or have invoked Jinn or devils; they treat only with legal Ruqyas.

Treatment with Qur'anic Ruqyas belongs to the Prophet's Sunnah, and was done by the Salaf. The Salaf used Qur'anic Ruqyas to treat patients suffering from epilepsy, evil eyes, magic,

etc. They believed that Ruqyas are lawful beneficial means, and that only Allah is the Healer.

People must be alerted to the fact that some sorcerers and charlatans may mention some Qur'anic verses and established prayers, but they mix these with Shirk and invocation of Jinn and devils. This may deceive some ignorant patients, who may believe the Raqis are really doing Qur'anic Ruqyas. It is against such deceptive practices that people have to be on their guard.¹

1.65 Writing Qur'anic Verses on Leaves to Be Soaked in Water to Drink and to Rub Painful Spots with

Question

Some patients take from a righteous man some Qur'anic writings as a treatment for diseases from which they are suffering. The Qur'anic verses are written on a piece of paper. The paper is to be soaked in water till the writing dissolves. The patient drinks from the water three times and rubs the painful spot with the rest of the water.

What is the legality of such a practice?

Answer:

Priority should be given to performing recitations and Naft on the patient's body or painful spot, this is the legal Ruqya. If the recitation is done onto water, and the patient drinks the water, it is valid as well, for this is in accordance with the Hadith.

However, several Ulama have allowed the practice of writing Qur'anic verses on a leaf to be soaked in water, in which the writing dissolves, and the solution is drunk. This is based on