

The Prophet's guidance on treating those touched
by the evil eye

Imam Muslim [and Ahmad, Ibn Hibban, Al-

Hakim and At-Tabarani] narrated that Ibn Ab'ass said, The Messenger of Allah **b** said:

"The evil eye is true, and (f there is anything that would precede Predestination, it would be the evil eye."

In addition, Muslim narrated that Anas "The Prophet **b** has allowed using Islamic prayer formulas *(Ruqyah, divine remedy) against fever, the evil eye and sores."

In addition, in the two sound books narrated that Abu Hurayrah said that the Messenger of Allah **b** said, "The evil eye is true." [Abu Dawood, Ibn Majah and Ahmad].

Abu Dawood reported that A'asha said:

"The person who touched others with the evil eye was commanded to perform ablution and the person whom he touched by the evil eye would wash with that water." [I\\-Bokhary, Muslim, An-Nasa'y, Ibn Majah, Abu Na'im .

Further, A'asha narrated, as the Sahihain reported:

"The Prophet **b** commanded me, or commanded, that we should use Islamic prayer formulas from the evil eye."

In addition, At-Termezey narrated that Asma' Bint

Umaya said, "I said, O Messenger of Allah **b** The children of Ja'far are usually touched by the evil eye. Should I perform an Islamic prayer formula for them?" He said:

"yes. If there is anything that precedes Predestination, it would be the evil eye." [An-Nasa'y and Ahmad].

In addition, Imam Malik narrated that Amir bin Rabi'ah once saw Sahl bin Hunaif take a bath and said, "By Allah! I have never seen the skin of a virgin that is softer than what I have just seen." Sahl fell to the ground. The Prophet **b** then came to Amir while angry and said to him:

"Why would one of you kill his own brother? Why have you not said Tabrik [Karaka Allah, (may Allah bless it)]? Take a bath for it."

Amir then washed his face, hands, elbows, knees, feet and a part of his garment in a pot for what he had done and then poured the used water on Sahl. Soon after, Sahl started moving about with the people. [An-Nasa'y, Ibn Majah, Ahmad].

Malik In addition narrated:

"The evil eye is true, so perform ablution for it."

Another Hadith narrated by Abdul Razzaq reads:

"The evil eye is true. and if there is anything that precedes Predestination, it would be the evil eye. When one is touched by the evil eye, he should take a bath for it."

At-Termezey said:

"The person who touched others with the evil eye should be commanded to submerge his hand in a pot of water and then wash his mouth, then spit the water back into the pot. He should then wash his face in the pot, then submerges his left hand it and pour some water on the right knee above the pot, and then submerges his right hand and pour water on his left knee. He should then wash his garment inside the pot and the water should not be spilled on the ground. Rather, it should be poured on top of the person whom he touched by the evil eye from behind all at once."

There are two types of the evil eye, human and Jinn related. Umm Salamah said that the Prophet once saw a young gir, who had a certain expression on her face and said:

"Seek an Islamic prayer formula for her because she is touched by the evil eye." [Al-Bokhary, Muslim, Al-Hakim, Abu Na'im. Al-Isma'ili and At-Tabarani]

Abu Sa'id In addition narrated that:

The Prophet **b** used to seek refuge from the jinn and the evil eye of mankind." [At-Termezey and An-Nasa'y]

Some people who do not have sound comprehension or correct sight and hearing have rejected the fact that the evil eye causes harm, claiming that this is a superstitious, untrue belief. These people are indeed among the most ignorant people who have the least sound comprehension and the thickest minds. They are the farthest from acquiring knowledge of the soul and the heart and the effect of each on the natural world.

The best minds in every nation do not dispute the fact that the evil eye is true, although they differ on its causes and true effects. Some people say that when people who touch others by the evil eye feel evilness in their hearts, then their eyes transform the evil thoughts into harmful rays just like the type of snake that looks at its prey and causes it to perish.

Another group says that it is possible that invisible powers emit from the person who touches others with the evil eye and then enters the body of the person whom they touched and harms them.

However, other people say that Allah creates the harm on the person touched by the evil eye without any rays that emit from the eye of the person who touched

him, Yet, this is the method of those who deny the existence of the various spiritual powers that exist in this world. Allah has created special powers in some of the creation that have profound effects on other creations. For instance, the soul has such a profound effect on the body that no one can deny. In addition, have you not noticed how the face of a shy person turns red if his sight falls on what is not suitable for him, and turns yellow when he looks at someone he fears? You can In addition witness the effect of the evil eye has on people and the weakness it causes in their bodies.

The evil eye is actually the effect exerted by the soul on the victim. Souls vary in their essence, powers, characteristics and qualities. Therefore, the soul of an envious person can harm a victim profoundly, and this is why Allah has commanded His Messenger to seek refuge with Him from the evil eye.

The harmful effect of an envious person on the envied person cannot be denied, except by those who are far away from reality. It is a fact that an evil envious soul touches the envied person in such an evil manner that it causes them harm. Similarly, the poisonous viper gets so enraged and evil when it meets the enemy that it has a special effect on the victim, sometimes leading to aborting the fetus or causing blindness. The Prophet gg described the short tailed viper and the striped viper as

having the ability that they can affect sight and abort pregnancy. Some types of snakes have a negative effect on people by their mere sight, because of the viciousness of such creatures and the effect of this viciousness on people.

These effects that we mentioned are not restricted to physical contact, as some of those who have little knowledge in the natural world and the religion think. Rather, these effects could be caused by physical contact, sight, the soul directing its power to the victim, through imagination and evil omens, and so forth.

The envious person might be blind, yet when something is described to him or her, his envious soul affects the described object and harms it even though the blind person cannot see it. Allah said to His Prophet **ﷺ** :

"And verily, those who disbelieve would almost make you slip with their eyes (through hatred) when they bear the Reminder (the Qura'an) ..." (69:51)

﴿ قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ ﴿١﴾ مِنْ شَرِّ مَا خَلَقَ ﴿٢﴾ وَمِنْ شَرِّ غَاسِقٍ إِذَا وَقَبَ ﴿٣﴾ وَمِنْ شَرِّ النَّفَّاثَاتِ فِي الْعُقَدِ ﴿٤﴾ ﴾ (الفلق : ١:٤) .

Say: "I seek refuge with (Allah), the Lord of the daybreak, From the evil of what He has created. And from

the evil of the darkening (night) as it comes with its darkness; (or the moon as it sets or goes away), And from the evil of those who practise witchcraft when they blow in the knots. And from the evil of the envier when he envies."

Every person who touches others by the evil eye is an envious person, but not vice versa. Since envy includes the evil eye in its general meaning, seeking refuge from it includes seeking refuge from the evil eye. In addition,

The evil eye includes throwing arrows of envy that depart the envious heart and soul in the direction of the envied person, sometimes falling on its target. If the envied person is unarmed and unprepared, the evil eye will cause him harm. If the envied person is prepared and armed, the arrows might turn back on the one who threw them. This is similar to what actually occurs when one shoots real arrows. The resemblance is that this occurs through the soul while the arrows are shot in the material world. The evil eye starts when the envious person likes something then follows it with his evil thoughts and desires and then the evil eye touches the envied object.

Sometimes a person might even touch his own self with the evil eye, which is one of the worst types of envy. Sometimes one might touch others with the evil eye just by his envious nature. Some of our scholars say that such envious people should be imprisoned and should be given

what they need of sustenance until they die.

The Prophetic medicine for treating sorcery (the evil eye) was of several types

Abu Dawood narrated that Sahl ibn Hunaif said:

'We come by a water spot and I went in it and took a bath, but when I finished I came down with a fever. When the Messenger of Allah **b** was informed, he said, 'Command Abu Thabit to

seek refuge (with Allah for Sahl) with an Islamic prayer formula.' I said, 'O my master! Does an Islamic prayer formula bring about benefit?' He said, 'There is no Islamic prayer formula except to

fend off an evil eye and against fever and a (snake or a scorpion) bite.'" [In addition, AI-Hakim narrated this Hadith].

There are several types of Islamic prayer formulas, such as reciting the first chapter in the Qura'an, the Mu'awwithatan (chapters 113 and 114 of the Qura'an) and Ayat AI-Kursi (2:255).

In addition, there are several types of Prophetic Islamic prayer formulas. For instance, one might recite:

"I seek refuge with Allah's Prefect Words from the